# CHILD-CENTRED FATHERING

- Nurturing, praising, playing and reading with your children.

- Listening to and knowing your children.

- Understanding child development.

Fathers can and want to be a positive influence in the lives of their children

Positively involved fathers enhance their children's academic personal and social development

Supporting

**bedford giving**

# DADS @ FACES

Helping fathers value their children through 1:1 support and group workshops. Lone parent fathers are welcome as well as those in a relationship.



# FACES

FAMILY AND CHILDREN'S EARLY-HELP SERVICES

# WHAT IS DADS@ FACES?



**We provide 1:1 support and opportunities to learn about parenting and improve communication between fathers and their children.**

The project is aimed at fathers with children under 8 years of age. The programme will provide fathers with opportunities to increase their knowledge of parenting as well as supporting their well-being.

Our parenting intervention is child centred and we offer support with co-parenting and guidance on father & daughter relationships. This may include participation with our other projects if required.

Group sessions include parenting advice and ways to improve communication between fathers and their children.

A holistic approach is taken to include any issues the father may be facing and the sessions are adaptable for individual needs.

If a father identifies as needing more intense intervention then we may provide 1:1 support. This support consists of a FACES volunteer visiting weekly within the father's home.

This support would focus on the needs shown by the father and the children and may include housing, budgeting and isolation.

Intervention under this project provides Non-Judgmental and informal support that is accessible to dads

Building Relationships with our children

This project is free of charge

Support is available for lone-parents, those who are co-parenting and those who are in relationships.