



# The Hills Academy

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## **SCHEME OF WORK FOR SEX AND RELATIONSHIPS EDUCATION AT THE HILLS ACADEMY**

Children learn about SRE as part of their personal, social and health education. SRE is not isolated but is taught within the framework of caring relationships, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

### NURSERY/RECEPTION

- The uniqueness of me, similarities between myself and others
- Naming external parts of the body – hands, feet, arms, legs, eyes, chin etc
- Caring for babies – what do they need? Visit from new baby if possible (Reception)

### YEAR 1

- The beginning of life – animals, plants and me
- Growth in people, animals and plants

### YEAR 2

- Changes as we grow. How have I changed from a baby to now? Physical changes and changing responsibility for self and others
- Ageing - how do we know things are alive, dead, you, old?

### YEAR 3

- How babies begin and are born. How they grow (doesn't include sexual intercourse)
- How babies of different animals grow inside or outside their mothers' bodies
- How have I grown? Baby, toddler and recent photos – compare
- How will I grow in the future?

### YEAR 4

- Locate and name the parts of the body including sex organs – boy and girl
- The main stages of the human life cycle
- Emotional and physical changes in puberty
- Growing up – menstruation, coping with first period, sanitary protection

### YEAR 5

- Recap on emotional and physical changes in puberty
- Recap on menstruation
- How a baby is conceived – stressing the importance of an established, loving relationship
- The birth of a baby

#### YEAR 6

- Knowledge that pregnancy can be prevented through use of contraception (no detailed teaching about contraception)
- Revision of SRE as necessary and dealing with pupil questions

Please note:

- Correct vocabulary will be taught for body parts. Whilst it may be appropriate to use nicknames for body parts at home, in school it is essential to learn and use the correct terminology. This ensures universal understanding, clarity, respect and manners
- In KS2 some classes may be delivered in single sex groups
- If available a health visitor may help to deliver teaching sessions
- Classes will establish a set of agreed ground rules to be followed during SRE sessions